TOWNSHIP OF HARDING BOARD OF HEALTH

REGULAR MEETING IN PERSON

OCTOBER 12 2023, at 7:30 pm 21 Blue Mill Road, New Vernon, NJ

ADEQUATE NOTICE of this meeting of the Harding Township Board of Health was given as follows: On January 13, 2023, notice was sent to the *DAILY RECORD* and the *OBSERVER-TRIBUNE*, posted in the OBSERVER-TRIBUNE on January 19, 2023, posted on the Bulletin Board in the Township Hall at 21 Blue Mill Road in Harding, NJ and filed with the Municipal Clerk.

AGENDA

(To the extent now known)

	AGENDA ITEMS	Formal Action Yes	May Be Taken No
1.	Roll Call – Board Secretary		X
2.	BOH Waiver Request Michael Johnson, 16 Pleasantville Road, Block 53, Lot 1.02	X	
3.	Acceptance of BOH Minutes • Meeting Minutes from September 14, 2023	X	
4.	 Monthly Health Department Report Monthly Report for September 2023 Financial Report for September 2023 	Х	
5.	Monthly Morris County Division of Public Health Report • Monthly Report for September 2023	х	
6	Other matters that may come before the Board and Hearing Persons Present		X
7.	Adjournment	Х	

Board of Health Monthly Report

1. SEPTEMBER 2023 – Monthly Report

HARDING TOWNSHIP HEALTH DEPARTMENT

MONTHLY REPORT

SEPTEMBER 2023

ENVIRONMENTAL HEALTH

INSPECTIONS: Septic System, Well Construction and Permeability Testing Total for the Month SEPTEMBER 2023: (14) Year-to-Date: (120)

- Naturman, Block 2, Lot 21, 20 White Deer Lane, Septic. Mr. Byrnes witnessed the septic pump test on September 5, 2023.
- Kelly, Block 26.01, Lot 24, 61 Anthony Wayne Road, Permeability Testing. Mr. Byrnes witnessed the permeability testing on September 5, 2023.
- Rothman, Block 15, Lot 8.02, 56 Village Road, Septic. Miss Meyers conducted an inspection on September 8, 2023.
- Argenziano, Block 28, Lot 3, 1 Military Hill Drive, Septic. Mr. Byrnes conducted an inspection of the septic bed on September 11, 2023 and returned later that afternoon to complete the inspection.
- Ridge at Sand Spring, Block 25.02, Lot 10.10, 47 Ravenswood Lane, Well. Mr. Byrnes witnessed the well drilling on September 12, 2023.
- Argenziano, Block 28, Lot 3, 1 Military Hill Drive, Septic. Mr. Byrnes conducted an inspection of the suitable fill on September 14, 2023.
- Argenziano, Block 28, Lot 3, 1 Military Hill Drive, Septic. Mr. Byrnes conducted an inspection of the suitable fill on September 15, 2023.
- Calvosa, Block 49, Lot 8, 9 Crane Road, Septic. Mr. Byrnes conducted an inspection of the stones and laterals and the vacuum test on September 18, 2023.
- Slonaker, Block 47, Lot 13.01, 55 Young's Road, Well. Mr. Byrnes witnessed the well abandonment on September 21, 2023.
- Hadjieleftheriou, Block 4, Lot 8.02, 16 Red Gate Road, Well Sealing. Miss Freer witnessed the well sealing on September 21, 2023 and returned later that afternoon for part 2 of the well sealing.
- Calvosa, Block 49, Lot 8, 9 Crane Road, Septic. Mr. Byrnes witnessed the vacuum test on September 28, 2023.
- Argenziano, Block 28, Lot 3, 1 Military Hill Drive, Septic. Mr. Byrnes conducted an inspection of the stones and laterals on September 29, 2023.

PLANS/APPLICATIONS RECEIVED/REVIEWED: Total for SEPTEMBER 2023 (13) YTD: (109)

- Drews, Block 21, Lot 3, 45 Sand Spring Road, Additional Review. Waiting on Variance Application.
- Slonaker, Block 47, Lot 13.01, 55 Youngs Road, Abandoned Monitoring Well. Mr. Byrnes issued the permit on September 19, 2023.
- Joelson, Block 21, Lot 7.01, 23 Sand Spring Road, New Agricultural Well. Mr. Byrnes issued the permit on September 19, 2023.
- Joselson, Block 21, Lot 7.01, 23 Sand Spring Road, Addition Review. Mr. Byrnes reviewed the application and sent approval on October 3, 2023.
- Preiss, Block 15, Lot 19.03, 110 Village Road, Demolition of Barn. Miss Meyers issued Permit #3342 on September 28, 2023.
- Preiss, Block 15, Lot 19.03, 110 Village Road, Septic Abandonment of Barn. Miss Meyers issued Permit #3341 on September 28, 2023.

Health Department Monthly Report September 2023

- Kramer, Block 51.01, Lot 11, 51 Fox Hunt Road, Addition Review (Powder Room). Mr. Byrnes reviewed the application and issued the approval on October 3, 2023.
- Simon, Block 15, Lot 19.01, 117 Pleasantville Road, Addition Review (attic to Living). In review by Mr. Byrnes.
- Gates, Block 55, Lot 9, 31 Meyersville Road, Septic As-Built. In review by Miss Meyers.
- Kelly, Block 26.01, Lot 24, 61 Anthony Wayne Road, Septic Alteration. Miss Meyers review the septic alteration application and issued an approval October 4, 2023.
- Williams, Block 6, Lot 10, 502 Van Beuren Road, Septic Repair. In review by Mr. Byrnes.
- Ferolito, Block 16, Lot 14, 81 Village Road, Addition Review. In review by Mr. Byrnes.
- Moss, Block 50, Lot 5.05, 73 Lee's Hill Road, Septic Alteration with Expansion. In review by Mr. Byrnes.

PLANS/APPLICATIONS RECEIVED/REVIEWED UPDATE FROM: AUGUST 2023

Singh, Block 20.01, Lot 2, 216 Village Road, Septic As-Built. In review by Mr. Brynes.

Wightman Farms, Block 32. Lot 9, 1111 Mt. Kemble Avenue, Site Plan Review. In review by Mr. Byrnes.

HEALTH DEPARTMENT ACTIVITIES AND MEETINGS FOR SEPTEMBER 2023:

- Mrs. Sharp conducted a safety inspection of the Municipal Building on Friday, September 1, 2023.
- Mr. Byrnes conducted a file review on September 5, 2023 regarding Block 6, Lot 11.
- Mrs. Sharp conducted a file review on September 7, 2023 for septic information pertaining to 126 Colonial. The information was emailed.
- Mr. Byrnes conducted a file review on September 7, 2023 for septic information pertaining to 18 Maryknoll Drive.
- Mr. Byrnes conducted a walkthrough of the Municipal Building courtroom with Atlantic Health on September 11, 2023 to test Wi-Fi and internet capabilities for the Flu Clinic.
- Mr. Byrnes and Miss Meyers conducted an inspection of 995 Mt. Kemble Avenue on September 12, 2023.
- Mrs. Sharp attended a webinar on September 12, 2023.
- Mrs. Sharp conducted an OPRA request for septic information pertaining to 62 Brook Drive South. The information was emailed on September 13, 2023 to Peach Brothers.
- Mr. Byrnes conducted a file review on September 14, 2023 for septic information pertaining to 43 Young's Road.
- Mr. Byrnes and Miss Meyers conducted a pre-operation inspection of 995 Mt. Kemble Avenue on September 14, 2023.
- Mrs. Sharp conducted an OPRA request on September 15, 2023 for septic information pertaining to 70 Millbrook. The information was emailed.
- Mr. Byrnes conducted a file review on September 15, 2023 for septic information pertaining to 604 Spring Valley Road.
- Mr. Byrnes had a meeting regarding 70 Millbrook Road on September 18, 2023 pertaining to the septic.
- Mr. Byrnes and Miss Meyers conducted a pre-operation inspection of Café Sapori, 995 Mt. Kemble Avenue on September 19, 2023 and issued a satisfactory placard.
- Mr. Byrnes attended an all day webinar on September 22, 2023.
- Mrs. Sharp provided notary services on September 22, 2023.
- Mrs. Sharp conducted an OPRA request on September 27, 2023 pertaining to 12 White Deer. The information on the septic was emailed.
- Mrs. Sharp conducted an OPRA request on September 27, 2023 pertaining to 70 Millbrook Road. The information on the septic was emailed.

Health Department

Monthly Report

September 2023

- Mrs. Sharp conducted an OPRA request on September 28, 2023 pertaining to 19 Young's Road. The information on the septic was emailed.
- Mrs. Sharp conducted an OPRA request on September 29, 2023 pertaining to 19 Fox Hunt Road. The information on the septic was emailed.
- Mrs. Sharp corresponded with Dr. Perez, Jr., Mrs. Cindie Bella, Public Health Nursing Supervisor, and Mrs. Kathleen Basile, Public Health Nurse during the month of September pertaining to Health Department matters.

SEPTIC TANK PUMP OUT PERMITS RECEIVED IN SEPTEMBER – Total for Month: (16) YTD:(125)

- Coppola Services, Block 46.01, Lot 10, McElroy, Deutsch, Mulvaney & Carpenter, 1 tank pumped on August 19, 2023, P#8713, routine maintenance.
- The Pumper, Block 20, Lot 1, Simoff, 66 Sand Spring Road, pumping done September 7, 2023, P#6819, routine maintenance.
- Peach Brothers, Block 35, Lot 21.20, Bedner, 22 Country Drive, 1 tank pumped on September 1, 2023, P#8781, routine maintenance.
- Horstmann Septic, Block 53, Lot 1.05, Demeter, 2 Pleasantville Road, 1 tank pumped on August 21, 2023, P#9112, routine maintenance.
- Horstmann Septic, Block 32, Lot 1.16, Heinemann, 10 Peachcroft Road, 1 tank pumped on August 22, 2023, P#9113, routine maintenance.
- Horstmann Septic, Block 50, Lot 3, Rizzo, 55 Lees Hill Road, 2 tanks pumped on August 28, 2023, P#9114, routine maintenance.
- Horstmann Septic, Block 26, Lot 17, Blake, 29 Kennedy Lane, 2 tanks pumped on August 29, 2023, P#9115, routine maintenance.
- Horstmann Septic, Block 9.01, Lot 1, Pollaro, 10 Douglas Road, 1 tank pumped on September 6, 2023, P#9116, routine maintenance.
- Horstmann Septic, Block 23, Lot 7, Bank of America, 24 Silverbrook Road, 1 tank pumped on September 7, 2023, P#9117, routine maintenance.
- Horstmann Septic, Block 49, Lot 8.01, Grant, 1 Crane Road, 2 tanks pumped on September 8, 2023, P#9118, routine maintenance.
- Horstmann Septic, Block 15, Lot 27.04, Ricciardelli, 63 Millbrook Road, 2 tanks pumped on September 11, 2023, P#9119, routine maintenance.
- Horstmann Septic, Block 45, Lot 6, Molendyke, 17 Trails End, 1 tank pumped on September 14, 2023, P#9120, routine maintenance.
- Horstmann Septic, Block 16, Lot 18.02, Zanelli, 16 Featherbed Lane, 2 tanks pumped on September 14, 2023, P#9121, routine maintenance.
- Horstmann Septic, Block 49, Lot 42, Ginarte, 2 Welsh Lane, 3 tanks pumped on September 13, 2023, P#9122, routine maintenance.
- Horstmann Septic, Block 10, Lot 1, Ward, 70 Dicksons Mill Road, 1 tank pumped on September 18, 2023, P#9124, routine maintenance.
- Horstmann Septic, Block 48.01, Lot 4, Rady, 1 Baileys Mill Road, 1 tank pumped on September 20, 2023, P#9125, routine maintenance.

WELL RECORDS: Total for SEPTEMBER 2023 (3) Year to Date: (8)

Bryan Drilling, Block 25.02, Lot 10.10, 47 Ravenswood Lane, New Well, Permit #3337.

Dan Ballantine, Block 4, Lot 8.02, 16 Red Gate Road, Decommission of Well, Permit #3339 issued on

Health Department Monthly Report September 2023 September 20, 2023.

Dan Ballantine, Block 4, Lot 8.02, 16 Red Gate Road, New Well, Permit #3340 was issued on September 20, 2023.

SEPTIC PERMITS ISSUED: Total for SEPTEMBER 2023 (3) YTD: (15)

- Speidel & Sons Contracting, Block 28, Lot 3, 1 Military Hill Drive, Septic Alteration, Permit #3338 was issued on September 6, 2023.
- John Matthew, Block 15, Lot 19.03, 110 Village Road, Decommission of Septic System (Barn), Permit #3341 was issued on September 28, 2023.
- Jake Schipper Ex., Block 15, Lot 19.03, 110 Village Road, Demolition of Barn, Permit #3342 was issued on September 28, 2023.

CERTIFICATES OF COMPLIANCE (C of C) – INSTALLATION: Total for SEPTEMBER 2023 (0) YTD: (17)

No Certificates of Compliance were issued during the month of September.

RETAIL FOOD INSPECTIONS – Total for SEPTEMBER 2023 (5) Total for YTD: (11)

- Dellanos, 1111 Mt. Kemble Avenue temporary events for the weekends starting September 2, 2023 through November 2023 at Wightman's Farm. Mr. Byrnes conducted an inspection on September 1, 2023 and issued a satisfactory rating.
- Café Sopri, 995 Mt. Kemble Avenue, pre-operational inspection was conducted on September 14, 2023. Waiting on water results.
- Café Sopri, 995 Mt. Kemble Avenue, pre-operational inspection was conducted on September 19, 2023. A satisfactory rating was issued.
- Morini Restaturant, 1111 Mt. Kemble Avenue, temporary events for the weekends at Wightman's Farm starting October 1, 2023 through November 2023. Mr. Byrnes issued a satisfactory rating on September 29, 2023.
- Harding Land Trust, Primrose Preserves for a camp out on September 30, 2023. Mr. Byrnes conducted an inspection on September 30, 2023 and issued a satisfactory rating.

RETAIL FOOD LICENSES – Total for SEPTEMBER 2023 (3) Total for YTD: (30)

- Dellanos, Block 32, Lot 9, 1111 Mt. Kemble Avenue, Temporary Food Events being held at Wightman's Farm during the weekends starting September 2, 2023 through November 2023.
- Café Sopri, Block 23, Lot 5, 995 Mt. Kemble Avenue, Retail Food License issued on September 19, 2023. Morini Restaurant, Block 32, Lot 9, 1111 Mt. Kemble Avenue, Temporary Food events being held at Wightman's Farm during the weekends commencing on October 1, 2023 through November 2023.

ENVIRONMENTAL WATER SAMPLE RESULTS: Total for SEPTEMBER 2023: (9) YTD: (12)

23-003, third quarter environmental water sample conducted at the Municipal Building on September 12, 2023. An unsatisfactory rating was issued.

Health Department Monthly Report September 2023

23-004,005,006, and 007 – The County recommended that four samples be conducted of the Municipal Building water within 48 hours of the unsatisfactory notification. The water sampling was conducted

on September 15, 2023 by Mr. Tracy Toribio, DPW Superintendent and sent to Eurofins Laboratory. A mishap occurred at the laboratory and Mrs. Sharp was notified that the water would need to be resampled.

23-008, 009, 010, and 011 – four water samples were conducted on September 20, 2023 by Mr. Toribio and Eurofins QC picked the samples up that afternoon. Unsatisfactory responses on all four water samples were received. Mr. Toribio placed a UV light at the well pit. Morris County informed Mr. Toribio to resample in October after all treatments have been completed. Mr. Toribio has scheduled Eurofins QC to come out and conduct the water samples.

PUBLIC HEALTH

VITAL STATISTICS: Three (3) marriage license(s) were received and one (1) was issued by Harding, three (3) death notices were received, and zero birth certificates received. No domestic partnerships were reported.

Mrs. Sharp received a Marriage License on September 5, 2023.

Mrs. Sharp sent the weekly marriage license report to the State on September 8, 2023.

Mrs. Sharp issued a Marriage License on September 12, 2023.

Mrs. Sharp answered several Marriage License questions on September 12, 2023.

Mrs. Sharp conducted a Marriage License application on September 15, 2023.

Mrs. Sharp addressed a walk in Marriage License application. Unfortunately, the applicants did not have the correct information to conduct the Marriage License. On September 21, 2023.

Mrs. Sharp attended a Marriage License webinar on September 22, 2023.

Mrs. Sharp conducted two Marriage License applications on September 29, 2023.

Mrs. Sharp received notification of three deaths for the month of September 2023.

Mrs. Sharp sent notification to the State of how many marriage licenses were received for the month.

INCIDENTS AND COMPLAINTS:

Mrs. Sharp received a barking dog complaint on September 5, 2023. Mrs. Sharp informed the resident to contact the Police Department and notified them that the dog is continually barking. A question was asked if the dog was registered. Mrs. Sharp sent a letter to the resident who informed the Health Department that the dog is licensed in Pennsylvania as they are only in Harding one to two days a week.

INQUIRIES-REQUESTS-COMPLAINTS:

In **September 2023** the Health Department received 1 complaint(s) for animal matters; 4 inquiries from residents regarding, notary services, well water testing, well/septic records, marriage licenses and certified copies, and public health food information; and 12 requests for septic information from realtors, residents, prospective buyers, and engineers/contractors/septic inspectors.

Year-to-date 2023, the Health Department responded to 159 combined complaints/inquiries/requests; as follows:

• 10 complaints – dog bites, bats, etc.

Health Department Monthly Report September 2023

- 44 inquiries -- regarding home sales, dog licenses, well water testing, marriage licenses, certified copies, well records, filming requests, and Notary Services
- * 105 requests septic information (as-built and number of bedrooms) from realtors, residents contractors, engineers, etc.

ANIMAL CONTROL:

Dog Licenses

During the month of **SEPTEMBER 2023**, the Health Department issued 2 dog licenses during the month of September 2023. The fee to the State is \$5.40.

For **SEPTEMBER 2022** a total of 7 dog licenses were issued during the month of September 2022, with one being a replacement tag and one being for a service dog. A total of \$8.40 was issued to the State.

Year-to-date 2023, a total of 417 dogs have been licensed with five being service dogs.

CORRESPONDENCE RECEIVED

- Ever Green Inspection Services, Block 15, Lot 19.01, Garrett, 117 Pleasantville Road, On Site Wastewater Treatment System was inspected on September 8, 2023 and found to be Satisfactory with Concerns with a garbage disposal in the kitchen sink.
- Cold Creek Environmental Services, Block 33, Lot 6, Prince, 985 Mt. Kemble Avenue, Advanced Treatment System was inspected on September 13, 2023 and is working as designed.
- Cold Creek Environmental Services, Block 12, Lot 29, Cavanagh, 23 Miller Road, Advanced Treatment System was inspected on September 13, 2023 and is working as designed.
- Cold Creek Environmental Services, Block 14, Lot 3.01, Kintiroglou, 147 Pleasantville Road, Advanced Treatment System was inspected on September 13, 2023 and is working as designed.

Board of Health Monthly Report

1. SEPTEMBER 2023 - Financial Report

					S	EPTEMBER	2023 MONT	SEPTEMBER 2023 MONTHLY FINANCIAL REPORT	IAI RE	PORT									
					Variance \$100 or Sub Division Review (\$250 •		SEPTIC REVIEW/PERMIT FEE -	Food License (\$25, \$36, \$100, \$170, \$170, \$270,	Soll	# 5		Repair Septic (\$275) Permit Extension	New Well	Per Atter Well or -1-8 Seal Well (\$337)	Pump Out \$75 Permit (\$5) Inspecto - Kennel rs License Inspectio	rek rcto t	Septic Abandonment \$330 / Pool -	DOG LICENSES	
PATOR	ВГОСК	СК	ADDRESS	Addition Review (\$175)		BOH WAIVER (\$175)		Temp Food Lic \$50	(\$275)	(\$376)	Permit (\$275)	\$225 or \$350		or \$175)	\$25 nFe	'ee NRI (\$15)		Tip.	TOTAL
DELLANO	32.00	6 00	1111 Mt. Kemble Ave					\$250											\$250
BACK TO NATURE	21.00	3.00	45 Sand Spring Road	\$175															\$175
BRYAN DRILLING	47.00	13.01	55 Young's Road											\$375					\$375
JOELSON	21.00	7.01	23 Sand Spring Road	\$175			THE REAL PROPERTY.				照過數		\$375						\$550
PREISS	15.00	00 19.03	110 Village Road								\$275						\$350	0	\$625
KRAMER	51	11 11	51 Fox Hunt Road	\$175															\$175
KATIE SIMON	15	5 19.01	117 Pleasantville Road	\$175															\$175
KELLY	26.01	01 24	61 Anthony Wayne Rd							\$975									\$975
FARLEY	6.00		502 Van Beuren Road									\$275							\$275
EAGLESITE MGMT	16.00	00 14	81 Village Road	\$175															\$175
CAREAGA ENGINEERING	50.00	00 5.05	73 Lee's Hill Road							\$975									\$975
B. HORSTMANN SEPTIC	various	ous lots for	or pump outs	原证明书上述	The Control of the Co						10000000000000000000000000000000000000	STEEL		S	\$ 500				\$500
GILLESPIE - MORINI REST	32.00	6 00	1111 Mt. Kemble Ave			THE REAL PROPERTY.		\$200											\$200
	STATE OF THE PARTY.								四日常日				THE REAL PROPERTY.						80
		以							STATE:									阿尔尼斯斯	\$0
			がいいいのでは、		ASSESSMENT OF							The state of the s			120 021			是	0\$
	THE THE	CHEST SE		がいた。			STATE OF STREET, STATE OF STATE OF STATE OF STREET, STATE OF STATE	の変数を対している。					THE REAL PROPERTY.				新发展		\$0
																			\$0
	-																		\$0
	-																		\$0
																		41.00	s
	\dashv	-	SEPTEMBER TOTAL	\$875	\$0	\$0	\$0	\$	\$0	\$1,950	\$275	\$275	\$375	\$375 \$	\$200 \$(\$0	\$350.0	.0 \$41.0	0 \$5,466.0
																		SEPTEMBER	\$5,466.0
																		AUGUST	\$4,309.0
																		JULY	\$6,031.0
																		JUNE	\$3,294.0
																		MAY	\$6,230.0
																		APRIL	\$3,346.0
																		MARCH	\$3,718
×																		FEB	\$7,086
																		JAN	
																		YTD TOTAL	L \$49,700
				ACCO	ACCOUNTS RECEIVED			THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS NAM	PLANS	PLANS	PLANS	PLANS	PLANS						

		ACCOL	ACCOUNTS RECEIVED MONTHLY COMPARISON					PLANS	PLANS	PLANS	PLANS	PLANS
	THE PERSON NAMED IN	Y	Year to Year									
MONTH	1	2019	2020	2021	L	2022	2023	2019	2020	2021	2022	2023
JANUARY	S	13,797	\$ 12,950	\$10,623	s s	8,704	\$10,220	15	15	15	12	13
FEBRUARY	S	3,381	\$ 6,185	\$2,445	S	4,806	\$7,086	8	13	8	10	11
MARCH	S	6,125	\$ 6,350	\$7,365	S	7,456	\$3,718	21	16	17	19	12
APRIL	S	90,49	\$ 3,173	\$ 7,629	s	4,340	\$3,346	11	7	24	11	7
MAY	S	7,431 \$	\$ 8,829	\$ 7,543	s s	8,744	\$6,230	19	13	21	13	8
JUNE	s	6,747	\$ 7,743	\$ 7,065	S	6,886	\$3,294	16	21	23	13	11
JULY	s	4,094	S 7,006	\$ 2,207	2	1,363	\$6,031	13	19	8	8	16
AUGUST	s	2,729	\$ 5,905	\$ 5,106	S	5,956	\$4,309	11	22	13	11	6
SEPTEMBER	S	4,994	\$ 7,094	\$ 13,589	S 6	5,078	\$5,466	16	13	13	6	13
YEAR TO DATE	s	56,004	\$ 65,235	\$ 63,572	\$	53,333	\$ 49,700	130	139	142	106	100

	*	TD		YTD		YTD		YTD		YTD	Nun	ber of Licer	ses		
	20	2019		2020		2021		2022		2023	2019	2020	2021	2022	2023
H.		662.6	v	9.140	v	9.621	v	9.608	6	7.899	510	461	482	468	417

WEDNESDAY, OCTOBER 18, 2023 4:00PM-6:00PM

> HARDING MUNICIPAL BUILDING 21 BLUE MILL ROAD NEW VERNON, NJ 07976

UPDATED COVID-19 VACCINE

AGES 18 YEARS OR OLDER
COST COVERED BY INSURANCE ONLY

IF YOU DO NOT HAVE INSURANCE OR YOUR INSURANCE DOES NOT COVER THE COST OF THE COVID-19 VACCINE, VISIT YOUR LOCAL CVS OR WALGREENS.

FLU VACCINE

AGES 18-64 \$25 FEE* OR PAID THROUGH INSURANCE

AGES 65 + FREE WITH MEDICARE

FREE FOR HARDING TOWNSHIP STAFF, POLICE AND FIRST AID SQUAD

BRING YOUR INSURANCE/MEDICARE CARD!

NO APPOINTMENT NEEDED

CLINIC SPONSERED BY THE MORRIS COUNTY DIVISION OF PUBLIC HEALTH

ALL FEES AND INSURANCES COLLECTED BY ATLANTIC HEALTH SYSTEM

CASH (EXACT CHANGE) OR CHECKS ACCEPTED

CHECKS MADE OUT TO ATLANTIC CORPORATE HEALTH

CALL 973-829-8250 IF YOU HAVE ANY QUESTIONS!







NATIONAL INDOOR AIR QUALITY MONTH

NATIONAL INDOOR AIR QUALITY MONTH IS OBSERVED ANNUALLY IN OCTOBER. WHILE OUTSIDE AIR POLLUTION GETS A LOT OF ATTENTION, IT'S THE AIR INSIDE OUR HOMES AND BUSINESSES THAT CAN BE DANGEROUS. MOST PEOPLE SPEND NEARLY 80-90% OF THEIR TIME INDOORS, SO THE QUALITY OF THE AIR WE BREATHE IS IMPORTANT.



EASY WAYS YOU CAN IMPROVE INDOOR AIR QUALITY

WHILE IT'S NOT POSSIBLE TO ELIMINATE ALL THE ALLERGENS INSIDE YOUR HOME, YOU CAN REDUCE THE NUMBER – AND YOUR EXPOSURE TO THEM – BY MAKING SOME SIMPLE CHANGES. HERE ARE SOME STRATEGIES YOU CAN USE TO IMPROVE AIR QUALITY INSIDE YOUR HOME AND HOPEFULLY IMPROVE YOUR ALLERGY SYMPTOMS:

KEEP IT CLEAN. A CLEAN HOUSE MAY BE A HEALTHIER HOUSE, BECAUSE GOOD INDOOR HYGIENE CAN GREATLY CUT DOWN ON DUST AND ANIMAL DANDER. YOUR CLEANING EFFORTS SHOULD FOCUS ON STRATEGIES TO REDUCE THE ACCUMULATION OF PET DANDER, MOLD, AND DUST LURKING IN YOUR HOME. FOCUS ON THE FOLLOWING:

- VACUUMING THE CARPETS AND AREA RUGS AT LEAST ONCE OR TWICE A WEEK WITH A VACUUM CLEANER EQUIPPED WITH A HEPA FILTER. OPTING FOR HARD-SURFACE FLOORING INSTEAD OF WALL-TO-WALL CARPETING MAY ALSO CUT DOWN ON ALLERGENS IN THE HOME.
- REGULARLY CLEANING BEDDING, DRAPES, AND OTHER ITEMS THAT TEND TO ATTRACT ALLERGENS— PARTICULARLY IF YOU HAVE PETS. ALSO CONSIDER USING DUST MITE-PROOF COVERS ON PILLOWS, AS WELL AS MATTRESSES AND BOX SPRINGS, WHENEVER POSSIBLE.

CHANGE YOUR FILTERS. IF YOU HAVE A FORCED-AIR HEATING SYSTEM, BE CERTAIN TO CHANGE THE FILTERS REGULARLY. ELECTROSTATIC FILTERS CAN HELP ENSURE THAT DUST AND OTHER AIRBORNE IRRITANTS GET TRAPPED INSTEAD OF BEING RECIRCULATED THROUGHOUT YOUR HOME.

INVEST IN AN AIR PURIFIER. IF YOU'RE ALLERGIC TO INDOOR ALLERGENS AND CAN'T CONTROL THE SOURCE OF THE PROBLEM – FOR EXAMPLE, YOU'RE UNWILLING TO GIVE UP YOUR FAMILY PET – IT MAY HELP TO USE AN AIR PURIFIER. PLACED IN THE MOST COMMONLY USED AREAS OF THE HOUSE, THESE DEVICES, IN PARTICULAR IONIC PURIFIERS, CAN HELP CAPTURE SOME OF THE IRRITANTS THAT MAY TRIGGER YOUR SYMPTOMS. YOU'RE PROBABLY NOT GOING TO BE ABLE TO REMOVE THESE ALLERGENS COMPLETELY, BUT YOU CAN CUT DOWN ON THEM, WHICH MAY HELP THE PROBLEM.

ALSO CONSIDER A **DEHUMIDIFIER** IN DAMP AREAS, SUCH AS A BASEMENT, TO HELP PREVENT THE GROWTH OF MOLD. ENSURE THAT BATHROOMS, ANOTHER POTENTIAL SOURCE OF MOLD, ARE WELL VENTILATED AS WELL AND SCRUB OFF ANY VISIBLE MOLD THAT COLLECTS IN THE SHOWER, ON FIXTURES, OR WALLS.

LET THE FRESH AIR IN. EVEN IN THE COLD MONTHS, OPEN WINDOWS FROM TIME TO TIME TO ALLOW FRESH AIR TO MOVE INTO THE HOUSE. ALSO, MOVE POTENTIAL AIR CONTAMINANTS OUT BY USING FANS IN THE KITCHEN TO REMOVE COOKING FUMES.

FOR MORE INFORMATION ON IMPROVING THE AIR QUALITY IN YOUR HOME, VISIT:

HTTPS://WWW.EPA.GOV/INDOOR-AIR-QUALITY-IAQ/IMPROVING-INDOOR-AIR-QUALITY



TOWNSHIP OF HARDING BOARD OF HEALTH PO box 666, 21 Blue Mill Road New Vernon, 07976 Telephone: (973) 267-8000 Fax: (973) 829-7025 www.hardingnj.org

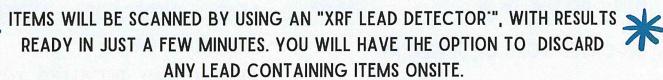


GOT LEAD?

THE MORRIS COUNTY DIVISION OF PUBLIC HEALTH IN PARTNERSHIP WITH THE MORRIS COUNTY MUNICIPAL UTILITIES AUTHORITY (MCMUA) IS OFFERING COMMUNITY LEAD TESTING ON CONSUMER ITEMS AT NO COST.



SATURDAY, OCTOBER 28, 2023 11:00AM-1:00PM MORRIS COUNTY LIBRARY 30 E HANOVER AVE., WHIPPANY NJ





CONSUMER ITEMS:

TOYS SPICES **JEWELRY** MUGS/DISHES CLOTHING MOBILE DEVICES

MAKEUP

IF YOU HAVE ANY QUESTIONS. PLEASE CALL 973-631-5484.

LEAD EDUCATION ON THE **NEXT PAGE!**



COUNTY OF MORRIS DEPARTMENT OF LAW & PUBLIC SAFETY DIVISION OF PUBLIC HEALTH PO BOX 900 MORRISTOWN, NJ 07963





LEAD EXPOSURE CAN CAUSE SERIOUS HEALTH RISKS.
PEOPLE CAN BE EXPOSED TO LEAD WITHOUT EVEN
KNOWING IT.

CHILDREN ARE AT HIGHER RISK TO LEAD EXPOSURE DUE TO PUTTING UNKNOWN OBJECTS THAT MAY CONTAIN LEAD IN THEIR MOUTHS. LEAD POISONING CAN PUT CHILDREN AT HIGHER RISK FOR DEVELOPMENTAL ISSUES, BRAIN OR NERVOUS SYSTEM DAMAGE AND DIFFICULTY LEARNING OR FOCUSING.

PEOPLE CAN BE EXPOSED TO LEAD BY INGESTING OR INHALING CONTAMINATED PRODUCTS.

LEAD CAN BE FOUND IN

- CHIPPED PAINT FROM HOUSES
 BUILT BEFORE 1978
- IMPORTED TOYS OR JEWELERY
- CERTAIN IMPORTED CANDIES
- COUNTERFEIT MAKEUP PRODUCTS



PREVENTION

- IF YOU SUSPECT YOUR HOME HAS LEAD, HIRE A LICENSED LEAD INSPECTOR AND/OR CONTRACTOR.
- REMOVE ANY RECALLED TOYS OR JEWELRY.
- READ LABELS BEFORE PURCHASING ITEMS.

CONSULT WITH A HEALTHCARE PROVIDER TO DETERMINE WHETHER A LEAD TEST IS NEEDED. CALL YOUR LOCAL CERTIFIED WATER TESTING LAB ABOUT TESTING YOUR DRINKING WATER IN YOUR HOME.



COUNTY OF MORRIS
DEPARTMENT OF LAW & PUBLIC SAFETY
DIVISION OF PUBLIC HEALTH
PO BOX 900
MORRISTOWN, NJ 07963

